

RESIDENTIAL SEMINAR ON DIABETES

The Executive Committee of the Pharmaceutical Association of Mauritius is organising a residential seminar on Diabetes.

Venue: Coco Beach Hotel

Date: 16th - 17th November 2002

Tentative program:

Saturday 16 th November	Sunday 17 th November
13.30 - 14.15 Inauguration	9.30 - 10.30 2 nd Conference
14.15 - 14.45 Tea Break	10.30 - 10.45 Tea Break
14.45 - 16.45 1 st Conference	10.45 - 11.45 3 rd Conference
17.00 - 20.00 Free time	11.45 - 12.00 Closing
20.00 Buffet Dinner	12.00 Lunch (optional)

Speakers: Mauritians as well as foreigners
Program will be finalised by end of September.

Cost: Rs 1700 per person in a double room. This includes room, conference, breakfast, tea breaks & dinner.

Family packages are also available. A limited number of rooms are available and we would be grateful if you could confirm your participation to this Residential Seminar by the end of September.

For further information please contact Miss Ved Nundlall on 2401741

Drug and Food Interaction

(Continued from PAM NEWS Vol.2 June/July 2002)

The proper time for taking medications

Some drugs that should be taken on an empty stomach (one hour before meals or three to four hours after meals):

Ampicillin, bisacodyl, captopril, cefaclor, erythromycin, levodopa, penicillin, tetracycline.

Some drugs that should be taken with meals or with a snack:

NSAIDs e.g. ibuprofen, indomethacin, naproxen, Sulindac, tolmetin, & aspirin (noncoated). Carbamazepine, lithium, potassium, prednisone and other steroids, griseofulvin, itraconazole, nitrofurantoin.

Some drugs that should be taken just before meals (one-half hour before meals):

Antidiabetic Medications, donnatol, propantheline, glipizide, chlorthalidone with Clidinium Bromide (Librax)

(To be continued in our next issue)

Self-test questions

The following statements are either true or false (Answers on page 7)

- (1) Fluoxetine, paroxetine and fluvoxamine can reduce the analgesic effect of codeine ?
- (2) The long life of methadone allows it to be given once a day.
- (3) Patients with diabetes may need to increase the dose of their oral hypoglycemic drug when they start a dose of corticosteroids.
- (4) Contraception becomes unreliable if a progestogen-only contraceptive pill is missed by more than three hours.