



# **Kyokushinkai Martial Arts Federation**

## **Year 2006 Report**

<http://pages.intnet.mu/kyokushin>

## February: BLOOD DONATION – Dr I. Goomanee Centre

The Kyokushinkai Martial Arts Federation, in collaboration with the Municipality of Port Louis, has again contributed to the welfare of society by organizing, this year also its “Blood Donation”, on Sunday 19<sup>th</sup> February 2006 at the Idrice Goomany Centre, Although the weather was not helping matters, with the heavy rains & all, there was a very good response for the blood collect, with 89 volunteers of which 64 had been accepted as donors, aged between 18 and 48. Several of the donors have come accompanied by their family & friends & afterwards they were invited to a little snack & each donor was offered a T-shirt, as a token of gratitude for their contribution.



This event reflects the principle of the Kyokushinkai organization, originating from Japan, stating that this karate also tends towards helping others. Therefore, a Blood Donation is organized each year, as part of our social baggage, for contributing to the society. Finally, the following quote explains the objectives of Shin Kyokushinkai karate:

*“Kyokushin is not merely a fighting technique, but it is also a self-discipline, striving for both physical and inner perfection. This is important in martial arts, as well as in our everyday life, work and business. The more people manage to bring up these qualities through Kyokushin, the better it will be for all of us.”*

## March: OUTDOOR TRAINING – Plaine Champagne

The 2006 Outdoor Training was welcomed by the adepts of the Kyokushinkai Martial Arts Federation, from different dojos of the Island, namely Dr. Idriss Goomany Center, Vallee Pitot, Camp Yoloff, Goodlands, Phoenix and Rose-Hill dojos. The event took place on Sunday 12<sup>th</sup> of March 2006, at Plaine Champagne and has been a real success and a great experience to all the pupils of Kyokushinkai karate. They have undoubtedly benefited greatly, under the supervision of Sempai Moobeen, Sempai Ajeet and Sempai Maharoo. The number of participants present were around 60, with the age gape ranging from 7-40 years old.

By 9 a.m, training started with a 30 minutes jog, as warm up and the group gladly put in the necessary efforts. Then, there were a series of physical and endurance tests, with sprints, push ups and so on. A session of kihon (basics) was then practiced, under the rythm of Sempai Moobeen and the supervision of Sempai Ajeet, Sempai Maharoo, Sempai Zabir, Sempai Hyat and Sempai Patel. The coordination was perfectly set and training prevailed in an enthusiastic mood from the trainers’ part, and the disciplines set forward were respected by one and all.

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Next, the members were grouped as per their grades, so as to provide them with specific training sessions, as per their respective levels. This was done with the aim to improve interest while training, so that maximum is gained in the little time available. This way a deeper sense of appreciation could be felt and each participant could try to improve their each and every steps.

The first group consisted of the black, brown, green and yellow belts' members, with mainly the fighters. Their training was especially based on Kumite (fighting skills) with partners, under Sempai Ajeet's instructions, so as to better prepare them for the incoming 'Independence Knockdown Tournament'.

Meanwhile Sempai Maharoo coordinated the training session of those with the blue and orange belts, as well as the new comers. They practiced kata (shape and form) such as Taikyoku Sono Ich, Ni, San and Pinan Sono Ich and they also focused on kihon.

While the girls trained under the supervision of Sempai Moobeen who practiced kihon (basic movements) and later were separated into 2 groups for practicing kata. The new comers and the lower belts (White and Orange) trained under Sempai Ajeet and while the intermediate and upper belts (Blue, Yellow and Green) were supervised by Sempai Hayat.

The outdoor training session ended with a series of push-ups and jumping squats. Unfortunately, Sensei Aslam was not present for the first half of the training, since he had contracted the 'Chickengunya'. However, he did join the group later and all had lunch together. The day went on in a fantastic and pleasant atmosphere, though it was quite hot. But everybody contributed to the training, by demonstrating the kyokushinkai spirit.

The 2006 Outdoor Training day ended by 2.30 p.m and after lunch, the group left Plaine Champagne.

### **March: Independence Cup Knockdown Karate Tournament - I. Goomanee**

The Kyokushinkai Martial Arts Federation proudly presented its confident fighters on the occasion of the Independence Knockdown Tournament, which took place on Saturday 18<sup>th</sup> of March 2006 at 8.15 p.m at Dr. Idriss Goomany Center, Port-Louis. This Competition was organised with the collaboration of the Municipality of Port-Louis and the Honourable Mr. Ashraf Dullul, Minister of Lands and Housing, who came to support the fighters. The competition took place in an enthusiastic atmosphere, under the continuous support of the keen spectators.

The adepts of kyokushin Kai Karate were grouped into 3 categories, constituting of 8 fighters each, namely category A, B and C. The categories were distinguished as per their fighting capabilities, with the seniors, intermediates and the juniors.

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Most of the champions of the tournament were from Port Louis Shin Kyokushinkai Karate Club, which has its training sessions at the Dr. Idriss Goomanee Center. The Fighters gave such a great performance that the public was truly impressed and were heartily absorbed in their deeds.

Trophies were carried away, in **category A** by the champions Jawaheerkhan Yusuf Ali, Ghanty Bilaal and Larose Selven, being ranked first, second and third respectively, all from Dr. Idriss Goomany Centre.

Ghanty Bilaal impressed the arbitration with the level of his techniques and his skills, whereas Larose Selven made proof of maturity in his performance.

**Category B** constituted in the first place of Patel Ismail, the second place Koreeawa Asif and the third place was taken by Aumeer Irfan. The first two winners were from Dr. Idriss Goomany Centre whereas the third fighter was from Rose-Hill dojo.

As for **category C**, Coowar Taysir from Dr. Idriss Goomany dojo, showed a potential effort through his confident attitude and hooked the first place, followed by Madarbus Ikhlass ranked second and Karimbaccus Shabaaz third. Both of them are from Vallee Pitot dojo. Furthermore, Koreeawa Asif was rewarded as the '**Best Spirited Fighter**' and Coowar Taysir snatched the '**Best Technician**' title.

In addition to the trophies presented to the winners, the Honourable Minister Ashraf Dullul made his own contribution by offering a 'Special Prize' to the winners of each category.

Sempai Hyatoolla Zahirulla (Shodan) and Fatehmamod Farzana gave a brilliant demonstration of the tsukino-kata, followed by a Tameshiwari (Tiles). Then the couple, Sempai Ajeet Reetun (Nidan) and Anoushka Reetun performed the Yansu-Kata and before ending with another Tameshiwari (Tiles) by Sempai Ajeet, under a big round of applause from the public.

The Independence Knockdown Tournament occurred in a festive mood, encouraged by the members of the organisation and the public. The fighters truly set their heart on that event, where they fought with the kyokushin spirit and success was the result. Still, the tournament respected the rules of fair-play, and each and every fighters adhered to the rules set by the World Karate Organisation (WKO). The judges were also very focused on their deeds and their judgements reflected their commitments.

As always, this event was a success thanks to Sensei Aslam Jeewa and his wife, Mrs. Jeewa.

### April: Member's View – Training @ Goomanee Dojo

Thursday's training session was lead by Sempai Moobeen and Sempai Ajeet. Training started with kihons as usual, then we moved on with an amazing series of non-stop pushups, jumping squats and abdominals. Thought I had many muscular aches which accumulated following recent weeks, due to the tournament and grading, I gave 100% of what I had to complete the series because I really appreciate these type of intense physical training especially with the unique training atmosphere of the Goomanee dojo.

Following sempai Moobeen's word, I've started to think positively and much higher than I used to. I feel that I've made lot of progress in my karate compared to the last 2 years. Its true that there's much more to improve but surely i will continue on this way.

I took this training session as a starting point for the preparation of my next tournament, eventually this tournament will be harder than the previous one but I will train harder and I feel that I should be ready.

OSU.....

Bilal Ghanty

2nd KYU



### April: Lower Kyu Grading – Valley Pitot



This year's lower kyu grading for Port Louis members, took place on Sunday 2<sup>nd</sup> of April 2006, at the Vallée Pitot Centre. The participants were from the Dojos of Port Louis, Vallée Pitot & Camp Yoloff Shin Kyokushin Kai Karate Club. The 40 participants gathered there anticipated their assessments by Sensei Aslam Jeewa, under the strict supervision of Sempai Ajeet Reetun, Sempai Moobeen Jeewa, Sempai Patel Ismael & Sempai Hayat Zahirulla. Parents and friends were present to support & encourage the participants

and to appreciate the techniques & spirit of the latter. The grading started at 9.15 a.m.

The grading is based on the assessment of several items of karate, namely the Kihon (Basics), the Idogeiko (Basics in movement), the Kata (Series of movements for a fight with an invisible opponent), the physical conditions (push ups, jumping squat & crunch) and finally the Kumite session (Fights). All participants started with the kihon, where all the basic movements of karate were practiced, from the punches to the kicks. Then the group was divided as per the performers' grade. The first group consisted of the white belts, followed by the orange belts and the blue, yellow, green and brown belts were merged into one group, since they were in lesser numbers. The groups each performed the Idogeiko, with the intensity and difficulties varying with the levels of each group.

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Then the groups performed their katas, as always starting with the lower grades. The upper grades performed their katas in small groups or individually. After this first part, an assessment was made to know which of the participants will move onto the second part of the session. Only those who had succeeded the first part were qualified to go on. The next session was that of physical condition. All white belts had to perform 50 push ups, jumping squat & crunch, whilst the orange belt did 70 and the blue belts 80. The green belts had to do 90 of each and green belts 100. Unluckily no brown belt had been able to make it to the second part, since assessment for higher grades is much harder. Throughout this test, the participants were encouraged by the parents, friends and the other members of the karate club.

The grading session ended with the kumite (fights). Depending on the participants' performance in fights, Sensei Jeewa determined the number of fights that he/she had to execute. It varied from 12 (Green belt) to 2 (Blue belt – girl). Even some of the girls with higher grades had to fight (Green & Blue belt). This session is aimed at assessing the fighting techniques, as well as the spirit of the fighters. Those who showed weakness were disqualified. The fighters had to reflect the saying from Sosai Oyama: "Never Give Up". The performers had to fight against the Sempais, among others and throughout the fights, they were encouraged by the spectators.

All those performing on that day gave the best of themselves, although some have not been able to make it. Still, 'the grading is an encouragement for all those being assessed and whether they have passed onto the next coloured belt or not, the trainers would be able to bring perfection to their movements and to cope and improve what they were lacking in', according to Sensei Aslam Jeewa. Those who have not succeeded can still prepare themselves for the next grading session, which will be held in September 2006.

The Kyokushinkai Martial Arts Federation, has a special occasion to celebrate, since this grading session has produced the first brown belt girl, Farzanah Fathemamode, in this discipline, in Mauritius. The next aim of the federation is to encourage one of the girls to achieve her black belt.

This grading session has been a success all thanks to Sensei Aslam Jeewa and Sempai Ajeet, Moobeen, Patel and Hayat, who lead, supervised and encouraged the trainers all through the assessment.

The grading ended at 13 00 hrs.

### **April: St Pierre ShinKyokushinkai Knockdown Karate Tournament - Helvetia Youth Centre**

The St. Pierre Shinkyokushinkai Karate Club and Kyokushinkai Martial arts Federation held a karate knockdown tournament on Saturday 22nd of April 2006 at 3p.m, taking place at Helvetia Youth Centre, St. Pierre, with the collaboration of the Ministry of youth and sports. Mr. Abbas Mamode was present on that special occasion and honoured the day.

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The knockdown tournament consisted of 4 groups according to certain specific characteristics taken into consideration. The 4 groups constituting of category A, B, C and D and had 8\* fighters each. Whereby category D regrouped children below 11 years old. They all did their best, showing maximum efforts from their part. the fighters also seemed confident enough, some proving high level of techniques and skills. Even the children were very keen to fight who brought lots of appreciation on their behalf.

The winners as per each category were :

	Category A	Category B	Category C	Category D
1	Ghanty Bilaal	Koreeawa Asif	Madarbux Ikhlās	Mungralee Suhail
2	Peeroo Khalid	Jagessur Kamlesh	Ramputh Hassan	Hyder Ally
3	Busgeet Resham	Sookhroo Ziyad	Katwaroo Wasim	Maharoo Bavish

<b>Best Fighter</b>	Hanoomun Vinay
<b>Best Technician</b>	Hyder Ally
<b>Most Promising Athlete</b>	Maharoo Bavish
<b>Special Prize</b>	Mungralee Shameem

The day was animated with a presentation from the Shotokan members.

The afternoon moved on in an enthusiastic mood from both the fighters and the public. Most of all, the day had been a success all due to Mr. And Mrs. Aslam Jeewa, the corner judges from Port-Louis dojo and all the members who helped and collaborated greatly in making that day a special one.

### **May: ROSE HILL SHINKYOKUSHINKAI KATA & KUMITE COMPETITION**

A kata and kumite competition took place on Sunday, 7<sup>th</sup> May 2006 at the Judo Hall of the Serge Alfred Gymnasium, in Beau Bassin. The competition started as from 09 00 and consisted of mainly of Rose Hill adepts under the training of Sempai Moobeen, along with a few participants from Port Louis (Goomanee & Vallee Pitot) and the North Goodlands). The kata competition regrouped around 19 girls, with belt colours ranging from white to green, whilst there were about 20 boys taking part in the kumite competition, which was divided into 2 categories: namely the juniors and the seniors. For this competition, the belt colours varied from white to brown belt holders. On that occasion, the Deputy of Beau Basin/Rose Hill, Mr Allet was present, along with the Minister of Youth & Sports, Hounorable Mr Sylvio Tang, who honoured the event by his distinguished presence.

The day started with the first round of kumite presented by the juniors and followed by the seniors, who made proof of their fighting skills. In the first round itself, they all

showed much anticipation and fought with a great spirit. The girls' kata competition followed, with Sensei Aslam Jeewa as judge, and immediately in the first round, the girls as well showed much effort from their part though they were very nervous. The first kata performed, which was compulsory, was the Taikyoku Sono San and already the markings gave an inkling of the end results.

The competition moved on one round after another, until all 3 rounds of both kata & kumite were over and the scores and performance, respectively, were known. The participants were set on achieving success by giving the best of themselves and they managed to perform whole-heartedly with the kyokushin spirit and did not give up. Already, the winners could be told apart, due to their astounding performances, which reflected the amount of time, effort and heart which they had allotted to achieve this level of performance.

The winners as per each category were :

	<b>Category A</b>	<b>Category B</b>	<b>Kata</b>
<b>1</b>	Ramdin Amar	Kerpah Nissar	Jaunbacus Sultana
<b>2</b>	Kurimbacus Shabaaz	Peerbux Ismail	Ghurburrun Gavina
<b>3</b>	Mohamedally Ziyad	Maharoo Sagar	Mallet Karla

<b>Best Fighter</b>	Rhodes Carver
<b>Best Technician</b>	Maharoo Sagar
<b>Most Promising Athlete</b>	Hossenbaccus Nooreena
<b>Most Promising New Comer</b>	Badal Arshad

### **May: PORT LOUIS CUP – Goomanee Centre**

The shin Kyokushinkai Karate Association, in collaboration with the Municipal Council of Port Louis, held a knock-down tournament, which was the Port Louis cup. This competition took place at the Dr. Idrice Goomanee Centre at Plaine Verte on Saturday 20<sup>th</sup> May 2006 at 20 15 p.m. This event regrouped all the adepts of Shin Kyokushinkai karate in the region of Port Louis, with an age group of 11 years and above, which includes all belt colours from white to black. The Honourable Minister of Youth & Sports, Mr. Sylvio Tang, honoured the event by his distinguished presence.

This competition was based on the kumite aspect of this karate style, whereby the skilled participants were grouped as per their age in Categories A, B and C. Category A consisted of senior members, who also had a lot of experience in kumite techniques, since they often perform in other competitions. Those younger than 18 were in Category B and this consisted of members who had also fought in competitions before, but were not as skilled and experienced as those in Category A. And finally Category C was an innovation since it

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allowed the young and new members to participate in their first kumite competition. In this category, the fighters were allowed to wear shin pads as protection, since this was their debut. The participants of all categories were from the dojo of Goomanee, Camp Yolloff, Vallée Pitot, Honbu and one of the Rose Hill adepts had been specially allowed to participate. All the adepts were able to show their respective techniques and all the flights reflected the Kyokushinkai spirit, emblazed in their hearts & minds, responding to the kicks & punches of the opponents. They fought their best, never giving up and this ensured a fair game whereby restrictions, set by the Kyokushinkai karate rules and regulations for full contact karate, were respected.

The respective winners of the Competition were:

	Category A	Category B	Category C
<b>1</b>	Ghanty Bilaal	Kurrimbacus Shabaaz	Satar Nadim
<b>2</b>	Sempai Reetun Ajeet	Coowar Taysir	Teemul Bassam
<b>3</b>	Koreeawa Asif	Aumeer Irfan	Doorgah Ismael

<b>Best Fighter</b>	Sempai Reetun Ajeet
<b>Best Technician</b>	Bachan Arshad

The corner judges and central referee ensured a good tournament from their part and insisted on making the competition a fair one and thanks to them this event was a successful one.

The tournament lasted in a keen spirit whereby everyone enjoyed the event, all at once supporting the fighters, which provided them with further motivation to outdo themselves and face their opponents with all their might.

Again this competition was a success all due to Sensei Aslam Jeewa who contributed for that day to be a heyday.

### **August: Training /Grading seminar in Mauritius (10/08/06 to 16/08/06) under the supervision of Shihan Takehisa Iriki from Japan.**

#### **10/08/06**

Shihan arrived at 20.35. Check in Hotel at Le Saint Georges around 22.30.

#### **11/08/06**

**11.00** Meeting with Vice President of The Republic of Mauritius Mr. Raouf Bundhun. The vice President was very much pleased to meet Iriki Shihan and discussed several issues about Shinkyokushinkai with the visitor. He suggested that Shihan continue with



his visit to Mauritius to help our fellow Karatekas. Onda San as usual was the official interpreter.

**14.00** Meeting with Lord Mayor Honourable Reza Issack and members of the Municipal Council. A press conference was held.

**15.00** Meeting with The Minister of Youth & Sports Honourable Sylvio Tang. Shihan discussed several issues regarding Shinkyokushinkai with the Minister.

**16.45** Training session was held for all belts. Kihon and Kumite combinations were the main theme of the session. Shihan Iriki gave lot of explanation about body postures, feelings and the checkpoints for the various techniques performed. Every one was amazed with the teaching style of Iriki Shihan. This training session was opened to non shinkyokushin members also.

**12/08/06**

**7.30** The training session was for Brown belts and up. Shihan went through several advanced katas ,Ido- Geiko and Kumite training drills. He also explained different stamina and conditioning exercises which was highly appreciated by the participants.

Shihan visited the Goodlands branch in the afternoon after visiting the northern part of the island.



**13/08/06**

The Knock Down Tournament was held at France Martin stadium. A big crowd attended the event. We had 5 categories of fighters with a total of 44 participants. The winners for the different categories were: -

	Category A	Category B	Category C	Category D	Category E
1	Ghanty Bilaal	Patel Ismael	Coowar Taysiir	Badal Arshad	Kumar Ropesh
2	Peeroo Khalid	Hayat Zahirullah	Karrimbaccus Shabaaz	Ghoorah Hyderally	Bhurtun Azhar
3	Boodhun Salim	Koreeawa Asif	Madaurbux Iklass	Nahaboo Soleman	Abdool Carrim Altaf

**Best-spirited fighter:** - Ghoorah Hyderally

**Best Technician:** - Peeroo Khalid

**Best Promising Athlete** – Nahaboo Soleman

Shihan performed Saiha Kata and a Tameshiwari demonstration, which was highly appreciated by the audience. The Lord Mayor of Port Louis, The Vice President of The

Republic of Mauritius, The Minister Of Youth & Sports, The Minister of Local Government, The Minister of Housing & Lands and members of The Municipal Council attended the event and souvenirs were presented to the Shihan by the different VIP's and the Shinkyokushin Organisation members. The tournament was a success on all fronts. Iriki Shihan was very happy with the kids kumite.

**14/08/06**

**10.30** Shihan met the President of the Republic of Mauritius His Excellency Sir Anerood Jugnauth at The State House, Le reduit. Shihan had the opportunity of sharing a cup of tea with the President. Iriki Shihan expressed his appreciation to the President for giving him this opportunity.

After lunch Shihan had the opportunity of visiting the Southern part of Mauritius.

**15/08/06**

**07.30** Training session was for Brown Belt and up. Shihan continued with kata training and explained the details for the performance of a good kata. He also explained the importance of kata. He continued with different kumite combinations and body workout.

**11.30** Another training session was held and Shihan checked the Kata of the Dan Test participants. Shihan gave precious advices on how to become a good fighter.

**16/08/06**

**10.00** A Grading test was held in the morning. Some 8 persons applied for the test. 5 Participants were promoted to higher grades after a very tough session.

Grading Results :-

Soobiraj Maharoo promoted to *3rd Dan*

Moobeen Jeewa promoted to *2nd Dan*

Khalid Peeroo promoted to *1st Dan*

Salim Boodhun promoted to *1st Dan*

Riaz Joomratee promoted to *1st Dan*

**19.30** After dinner Shihan was on his way to the Airport. He left Mauritius at 22.40.

This year's training seminar was a very fruitful and an important event for our organisation. It was for the eighth time that a tournament was held in Mauritius under the supervision of a Shinkyokushin expert from Japan. Iriki Shihan has set up a training plan for our athlete in view of the forthcoming world tournament scheduled for October 2007.

We are very thankful to Iriki Shihan for having accepted our invitation. The Mauritius Shinkyokushin organisation would like to express his gratitude to the World Karate Organisation, The Municipality of Port Louis, the Lord Mayor Honourable Reza Issack, The Minister Of Youth & Sports, Honourable Sylvio Tang, His Excellency The President of The Republic of Mauritius Sir A.Jugnauth, His Excellency The Vice President of The Republic of Mauritius Mr. Raouf Bundhun, the Sponsors, Mr Onda and staff of the Welfare Division of the Municipality of Port Louis for their collaboration to make this event a success.

Osu!

### August: Testimonial From Successful Grading Candidates

<p><b>Name : Khalid Peeroo</b></p> <p><b>1st Dan</b>  <b>Age : 25 yrs</b>  <b>Time in training: 7years</b></p>	<p>First of all it was a great moment of joy and achievement. Every grading is an experience and a new challenge but Shodan grading made me to be more self-confident and really feel better than yesterday. There has been much sacrifice and patience on the way to become a Shodan, and what I have learnt from this is that it's not easy to be patient but the result make you achieve the unexpected. Osu!</p>
<p><b>Name : Salim Boodhun</b></p> <p><b>1st Dan</b>  <b>Age : 39 yrs</b>  <b>Time in training: 8years</b></p>	<p>It's the second time that I attempted the Shodan grading and I am so happy that I succeeded. To become a Shodan at my age is in my opinion a lesson that it's never too late or too old. Since childhood I have always wanted to be a "black belt" and never thought I would achieve it one day. There has been much sacrifice and will because it's not easy to manage married life, children, work and training. I would advise all karatekas to persevere, never give up as there is so much to gain. Osu!</p>
<p><b>Name : Riaz Joomratee</b></p> <p><b>1st Dan</b>  <b>Age : 23 yrs</b>  <b>Time in training: 7years</b></p>	<p>Becoming Shodan for me represents a challenge ahead and a new phase in life which will be very demanding. I am aware of the fact that I will have to honor the belt that I will be wearing, and give it, its due worth. It is the result of indeed many hours of hard training, dedication and commitment. Perseverance – the "never give up" spirit has helped me attain this level. I thank my Sensei and other Sempai without forgetting all the people that supported me in a way or another. Always remember that the only easy day was yesterday. Osu!</p>

**December: 8TH Shinkyokushinkai Northern Knockdown Tournament  
& 5<sup>th</sup> National Girls Kata Competition**

Date 3 December 2006 At Sss Jugdambi Goodlands

Organised by the Northern Kyokushinkai Karate Association in collaboration with Kyokushinkai Martial Arts Federation and The Ministry of Youth and Sports.

**BOYS**

CAT A (SENIOR) 16 FIGHTERS

CAT B (JUNIOR) 8 FIGHTERS

CAT C 8 (KIDS) FIGHTERS

**GIRLS (KATA)**

CAT A 8 PARTICIPANTS

CAT B 14 PARTICIPANTS

**RESULTS:-**

**KUMITE**

	Category A	Category B	Category C
1	Jagessur Kamlesh	Jagarnath Hiteesh	Chitbahal Farhan
2	Joel Gerard	Gobin Teshao	Maharoo Saagar
3	Narain Nishal	Bholah Asutosh	Maharoo Neeraj

**Best Fighter:** Narain Nishal

**Best Technician:** Bunty Ramputy

**KATA**

	Category A	Category B
1	Fatehmamode Farzanah	Jhingoer Noorjahan
2	Mallet Karla	Hossenbaccus Nooreena
3	Jaunbaucus Sultana	Chamroo Adeela

**Most Promising Athlete:-** Maharoo Pareshma Devi